

# Michigan Department of Health and Human Services

## Bureau of EMS, Trauma and Preparedness

### Hospital Emergency Department

### Pediatric Champions Office Hours

**Tuesday, June 28, 2022**

**2-3 pm**



**[Michigan.gov/safesleep](https://michigan.gov/safesleep)**

Good night. Sleep tight. Sleep safe.

Learn more about the  
safest way for babies to sleep.



### **Infant Safe Sleep**

Colleen Nelson is the Infant Safe Sleep Program Coordinator at the Michigan Department of Health and Human Services. She has worked in a variety of positions in state government including a Children's Protective Services (CPS) worker, a foster care worker, and analyst in CPS Program Office, as well as, a Child Care Program Consultant with the Michigan Department of Licensing and Regulatory Affairs. Colleen received a Bachelor of Science degree in Family Community Services from Michigan State University and a Master of Social Work degree from the University of Michigan.

In this session, you will learn about the problem of sleep-related infant death in Michigan. There will be a review of the American Academy of Pediatrics recommendations for infant sleep safety. You will learn how you can promote safe sleep in the Emergency Room and support safe sleep at home after discharge. Available safe sleep resources will also be shared.

Microsoft Teams meeting: **Join on your computer or mobile app:** [Click here to join the meeting](#)

Questions can be emailed to: [PedsChampion@michigan.gov](mailto:PedsChampion@michigan.gov)